

INSPIRE™

Check out our workouts on the web!

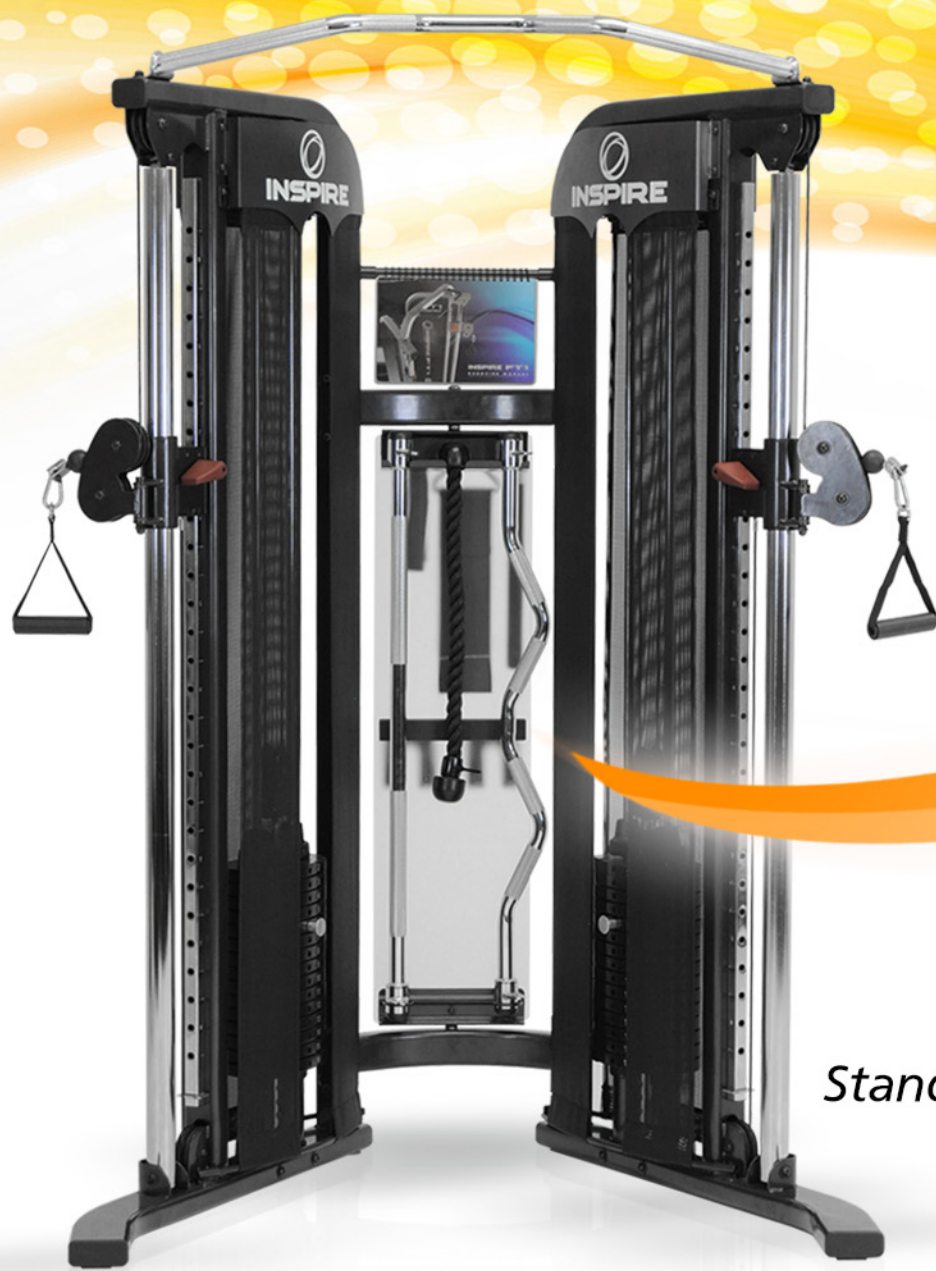


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information

Shown with Optional Bench

FT-1

By Health In Motion LLC.
Phone (877) 738-1729 · Fax (714) 738-1728
www.inspirefitness.net



Standard FT1



*Rotating
Accessory Rack*

FT1 Product Specifications

Frame: Heavy-duty rectangular and round tubular steel.

Powder Coated Finish: The Electrostatic Powder Coat offers a durable, maintenance free finish.

Instructional Flip Chart: Offers color photos with over 40 different exercises right at your finger tips.

User-friendly adjustments: The quick, one-handed adjustable high/low pulley system adjusts to more than thirty height positions for all of your exercise needs.

Dual Independent Weight Stacks: The dual weight stacks allow you to work each side of the body independently for a more balanced workout.

Split Resistance: .5 resistance ratios provide a smooth, continuous feel and a longer range of motion for more versatility in your exercise movements.

Weight Stacks: 2 - 165 lb Commercial Weight Stacks with Solid Guide Rods and Center Drilled Weight Plates.

Rotating Accessory Holder: Includes the Multi-Functional Belt, Easy Curl Bar, Straight Bar, Ankle Cuff, Swing Handle, Tricep Rope, 2 – Single Handles, and 2 – 5 lb add-on weights.

Options Available: FID Bench, 50lbs Weight Stack add-on, and Abdominal Bar.

Warranty: Inspire (Health In Motion LLC.) Multi-Gyms have a (Residential) Lifetime Limited Warranty and a 10 Year Light-Commercial Warranty. Visit your local dealer for

Dimensions:

FT1 Footprint: Depth 47" x Width 54" x Height 81.5"

FT1 Footprint w / Optional Bench: Depth 83" x Width 54" x Height 81.5"

Inspire/Health In Motion LLC. reserves the right to alter product specifications at any time.

This product covered by one or more of the following US Patents and others pending:
5,330,405; 5,961,427; 5,944,641; 7,905,818; 7,837,600; 7,645,217; 8,096,929; 7,722,513.