UPRIGHT BIKES

SITTING COMFORTABLY ATOP THE CATEGORY.

Whether you choose our upright or recumbent style of exercise bike, you can be confident that you'll pedal your way to your goals in comfort. All of our bikes feature a Comfort Arc™ seat that will keep your haunches happy, thanks to body-contoured foam and free range of motion

Seats aren't the only reason we're the leader in fitness bikes. With an ideal gear-pulley ratio, our bikes are engineered to be smooth and quiet.







Get a true cycling feel with this upright style of bike.

- Comfort Arc[™] upright seat
- Heavy-duty steel frame for sturdiness
- Multi-position handgrips with armrests
- 11-kg / 24-lb. balanced flywheel





For cycling and space savings, choose our U20 model.

- Comfort Arc[™] upright seat
- Compact footprint to save space
- Multi-position handgrips
- 10.5-kg / 23-lb. balanced flywheel



∪ 10

This entry-level upright is comfortable, and its LCD screen is easy to read.

- Comfort Arc™ upright seat
- Compact footprint to save space
- Multi-position handgrips
- 9.5-kg / 21-lb. balanced flywheel

SPECIFICATIONS

FRAMES

FEATURE	U40 UPRIGHT	U20 UPRIGHT	U10 UPRIGHT
FRAME TYPE	Upright bike frame	Upright bike frame	Upright bike frame
RESISTANCE SYSTEM	ECB-Plus™ magnetic braking system	ECB magnetic braking system	ECB magnetic braking system
FLYWHEEL	11 kg / 24 lbs.	10.5 kg / 23 lbs.	9.5 kg / 21 lbs.
SEAT	Comfort Arc™ upright seat	Comfort Arc™ upright seat	Comfort Arc™ upright seat
SEAT ADJUSTMENT	Up/Down	Up/Down	Up/Down
HANDLEBARS	Multi-position handgrips with armrest and contact HR grips	Multi-position handgrips with contact HR grips	Multi-position handgrips with contact HR grips
PEDALS	Self-balancing pedals with adjustable straps	Self-balancing pedals with adjustable straps	Self balancing pedals with adjustable straps
DIMENSIONS (L X W X H)	105 x 69 x 149 cm /41" x 27" x 59"	105 x 66 x 147 cm /41" x 26" x 58"	105 x 66 x 137 cm / 41" x 26" x 54"
PRODUCT WEIGHT	47.7 kg / 105 lbs.	38.5 kg / 85 lbs.	37.2 kg / 82 lbs.
USER WEIGHT CAPACITY	147 kg / 325 lbs.	136 kg / 300 lbs.	136 kg / 300 lbs.
WARRANTY	Lifetime frame, 5-year parts and 2-year labor	Lifetime frame, 5-year parts and 2-year labor	Lifetime frame, 3-year parts and 1-year labor
EXTRAS	Water bottle holder	Water bottle holder	Water bottle holder

CONSOLES

FEATURE	TOUCH	ELEGANT	CLASSIC	U10
DISPLAY	10" high-definition touchscreen display	7" full-color advanced LCD	Extra-large LED display	Easy-to-read LCD
WORKOUT FEEDBACK	Total Time, Time Remaining, Time Elapsed, Clock, Heart Rate, Max HR, % Max HR, Target Heart Rate, Distance, Calories, Calories per Hour, Watts, METs, Pace, Avg. Pace, Level, RPM, Speed, Resistance	Time, Heart Rate, Max HR, Distance, Calories, Calories per Hour, Watts, METs, RPM, Speed	Time, Heart Rate, Distance, Calories, Pace, RPM, Speed	Time, Heart Rate, Distance, Calories, Watts, Program, Level, RPM
PROGRAMS	Manual, Intervals, Weight Loss, Constant Watts, 20K, 30K, Calorie Goal, Distance Goal, Sprint 8®, Target HR, % Target HR, Custom 1, Custom 2, Custom 3, Saved Program, 2 Virtual Active Videos - 17 total	Manual, Intervals, Weight Loss, Constant Watts, 20K, 30K, Calorie Goal, Calorie Goal, Distance Goal, Sprint 8*, Target HR, % Target HR, 2 Virtual Active Videos - 13 total	Manual, Intervals, Weight Loss, Constant Watts, Target HR - 5 total	Manual, Muscle Toner, Intervals, Fat Burn, Incline, Rolling Hills, Mountain - 7 total
HEART RATE	Contact grips, Polar® wireless receiver and free chest strap	Contact grips, Polar® wireless receiver and free chest strap	Contact grips and Polar® wireless receiver	Contact grips
EXTRAS	Workout tracking, Made for iPod®/iPhone® (audio/video), Nike + iPod® compatible, built-in speakers, Passport™ Ready, charges USB devices*, Energy Saver™ mode, reading rack	Built-in speakers, Passport" Ready, charges USB devices*, Energy Saver" mode, reading rack	Passport [™] Ready, charges USB devices*, Energy Saver [™] mode, reading rack	Reading rack

^{*} Will not charge USB devices that require more than 1 amp



TOUCH CONSOLE



ELEGANT CONSOLE



CLASSIC CONSOLE