

ELLIPTICALS: FOLDING & NON-FOLDING

RETAIL

THESE ELLIPTICALS ARE HIGH ON THE LIST OF BEST LOW-IMPACT WORKOUTS.

An ideal fit for total-body workouts, our front-drive ellipticals utilize a patented design and balanced flywheel to deliver a smooth, fluid motion with consistent resistance. Long pedal arms, overlapping pedals and pivoting footpads allow your stride to feel natural.

Each model also has transport wheels for easy movement if you ever decide to relocate or store the elliptical.



XF 40

It has it all, including the ability to fold for easy storage.

- Multi-position handgrips for variety
- Long, 51 cm / 20" stride length
- 10.5-kg / 23-lb. balanced flywheel
- Oversized pedals with cushioning



X 40

The X40 is our top non-folding traditional elliptical.

- Multi-position handgrips for variety
- Long, 51 cm / 20" stride length
- 10.5-kg / 23-lb. balanced flywheel
- Oversized pedals with cushioning



X 20

For a feature-packed elliptical, try the X20.

- Ergonomic contact heart rate grips
- Long, 51 cm / 20" stride length
- 10.5-kg / 23-lb. balanced flywheel
- Oversized pedals



X 10

The X10 comes equipped with an LCD screen that is easy to read.

- Ergonomic contact heart rate grips
- Long, 51 cm / 20" stride length
- 9.5-kg / 21-lb. balanced flywheel
- Oversized pedals

SPECIFICATIONS

FRAMES

FEATURE	XF40 FOLDING	X40 NON-FOLDING	X20 NON-FOLDING	X10 NON-FOLDING
FRAME TYPE	Front-drive folding frame	Front-drive non-folding frame	Front-drive non-folding frame	Front-drive non-folding frame
RESISTANCE SYSTEM	ECB magnetic braking system	ECB magnetic braking system	ECB magnetic braking system	ECB magnetic braking system
FLYWHEEL	10.5 kg / 23 lbs.	10.5 kg / 23 lbs.	10.5 kg / 23 lbs.	9.5 kg / 21 lbs
PEDALS	Oversized pedals with cushioned footpads	Oversized pedals with cushioned footpads	Oversized pedals	Oversized pedals
PEDAL SPACING	0 mm / 0"	0 mm / 0"	0 mm / 0"	0 mm / 0"
STEP-ON HEIGHT	25 cm / 10"	25 cm / 10"	25 cm / 10"	25 cm / 10"
HANDLEBAR TYPE	Multi-position with rubberized grip	Multi-position with rubberized grip	Standard with foam grip	Standard with foam grip
STRIDE LENGTH	51 cm / 20"	51 cm / 20"	51 cm / 20"	51 cm / 20"
DIMENSIONS (L X W X H)	195 x 80 x 170 cm / 77" x 31" x 67"	189.7 x 65.6 x 166.5 cm / 75" x 26" x 66"	189.7 x 65.6 x 166.5 cm / 75" x 26" x 66"	189.7 x 65.6 x 166.5 cm / 75" x 26" x 66"
FOLDED DIMENSIONS (L X W X H)	130 x 80 x 170 cm / 51" x 31" x 67"	N/A	N/A	N/A
PRODUCT WEIGHT	105 kg / 231 lbs.	87 kg / 191.5 lbs.	85.5 kg / 188 lbs.	85.3 kg / 188 lbs.
USER WEIGHT CAPACITY	148 kg / 325 lbs.	148 kg / 325 lbs.	136 kg / 300 lbs.	136 kg / 300 lbs.
WARRANTY	Lifetime frame, 5-year parts and 2-year labor	Lifetime frame, 5-year parts and 2-year labor	Lifetime frame, 5-year parts and 2-year labor	Lifetime frame, 3-year parts and 1-year labor
EXTRAS	Water bottle holder	Water bottle holder	Water bottle holder	Water bottle holder



TOUCH CONSOLE



ELEGANT CONSOLE



CLASSIC CONSOLE

CONSOLES

FEATURE	TOUCH	ELEGANT	CLASSIC	X10
DISPLAY	10" high-definition touchscreen display	7" full-color advanced LCD	Extra-large LED display	Easy-to-read LCD
WORKOUT FEEDBACK	Total Time, Time Remaining, Time Elapsed, Clock, Heart Rate, Max HR, % Max HR, Target Heart Rate, Distance, Calories, Calories per Hour, Watts, METs, Pace, Avg. Pace, Level, RPM, Speed, Resistance	Time, Heart Rate, Max HR, Distance, Calories, Calories per Hour, Watts, METs, RPM, Speed	Time, Heart Rate, Distance, Calories, Pace, RPM, Speed	Time, Heart Rate, Distance, Calories, Watts, Program, Level, RPM
PROGRAMS	Manual, Intervals, Weight Loss, Constant Watts, 5K, 10K, Calorie Goal, Distance Goal, Sprint 8®, % Target HR, Target HR, Custom 1, Custom 2, Custom 3, Saved Program, 2 Virtual Active™ Videos - 17 total	Manual, Intervals, Weight Loss, Constant Watts, 5K, 10K, Calorie Goal, Distance Goal, Sprint 8®, Target HR, % Target HR, 2 Virtual Active™ Videos - 13 total	Manual, Intervals, Weight Loss, Constant Watts, Target HR - 5 total	Manual, Muscle Toner, Intervals, Fat Burn, Incline, Rolling Hills, Mountain - 7 total
HEART RATE	Contact grips, Polar® wireless receiver and free chest strap	Contact grips, Polar® wireless receiver and free chest strap	Contact grips and Polar® wireless receiver	Contact grips
EXTRAS	Workout tracking, Made for iPod®/ iPhone® (audio/video), Nike + iPod® compatible, built-in speakers, Passport™ Ready, charges USB devices*, Energy Saver™ mode, reading rack	Built-in speakers, Passport™ Ready, charges USB devices*, Energy Saver™ mode, reading rack	Passport™ Ready, charges USB devices*, Energy Saver™ mode, reading rack	Reading rack