



VS5

VIBRATION

The VS5 brings serious whole body vibration to the home. Utilizing two 150W motors that provide 1-4mm amplitude, the VS5 is a vertical vibration machine with 27 Sports Specific programs as well as targeted Muscle Group Programming for a wide variety of Whole Body Vibration exercises.



- Twin 150 Watt Vibration Motors provide ample power and durability
- Large, full color LCD display walks the user through 27 sports specific workouts
- Lower auxiliary console for control in prone or low workouts without having to leave the current stance
- Vibration Energy: Low Amplitude (L) to produce a peak wave displacement of 1-2mm and High Amplitude (H) produces 3-4mm displacement
- Multi-Position hypo-allergenic central grip handlebar
- Exercise straps and storage hooks



SPECIFICATIONS

- Multi-Color LCD Display
- 27 Sports Specific Programs
- Custom Programs
- Muscle Group Targeted Programs
- Fiberglass and Steel Construction
- Small Footprint Design
- Frequency (Quick Keys): 30, 35, 40, 45 Hz
- Frequency (Manual): 30-45 Hz in 1 Hz Increments
- Lower Auxiliary Console
- High Amplitude (3-4mm Displacement)
- Low Amplitude (1-2mm Displacement)
- Dual 150W Motors
- Multi-Position Hypoallergenic Handlebar
- Adjustable Workout Straps
- Strap Hooks
- Transportation Wheels

Residential Warranty

Frame

Lifetime

Measurements

Parts

2 Years

Dimensions

Labor

2 Years

Surface Plate

Max User

350 lbs.

Weight

130 lbs.

Length

28 in.

Width

28 in.

Width

28 in.

Depth

16.5 in.

