



ELLIPTICAL

The XS5 features converging and diverging arms for a biomechanically correct workout, while serving up convenient features like fingertip controls that allow changes to settings without losing focus on your workout.



- Converging and diverging arms provide an ergonomically correct motion for the upper body
- Convenient fingertip resistance controls allow for quick adjustments without losing focus on your workout
- Polar<sup>®</sup> wireless HR compatible. Use a Polar heart rate chest strap to readout your HR on the display console or interact with built-in HR control programming
- Natural 20" stride length ensures a comfortable, low impact workout
- Bright LED Matrix windows display statistics including Speed, Distance, Time, Calories, Pulse and more
- Performance PCS Soft Step pedals for enduring comfort

## **SPECIFICATIONS**

- 20" Stride Length
- LED Display
- Polar<sup>®</sup> Heart Rate Strap Compatible
- Contact Heart Rate Grips
- Integrated Reading Rack
- 12 Programs
- Plug-in AC Adaptor Required (included)
- Electronic Resistance Adjustment
- 16 Levels of Resistance
- Fingertip Resistance Controls
- Oversized Pedals
- PCS Soft Step Pedals
- Water Bottle Holder
- Transportation Wheels

| Residential Warranty | Frame    |
|----------------------|----------|
|                      | Parts    |
|                      | Labor    |
| Measurements         | Max User |
|                      | Weight   |
| Dimensions           | Length   |
|                      | Width    |



